

Bereavement and Loss Programme

It may be that you work directly in this field or you have to deal with these issues with colleagues or for yourself.

This programme can be modified to meet the needs of the particular staff group. Individual or group counselling may be more appropriate in response to a specific incident or circumstance.

AIMS:

- To look at the process of grieving, including some basic theory.
- Share experiences of personal loss and evaluate the effect on working with bereavement.
- Discuss impact of modes of dying and circumstances on the process of grieving.
- Look at how to support both your own and others needs.

OBJECTIVES:

By the end of the programme participants will be able to:

- Understand and explain the differences and similarities between loss and bereavement and grieving.
- Have an awareness as to the extent their own personal losses effect them.
- Have a greater insight as to how to work with those effected.
- Have identified issues around confidentiality and boundaries.
- Have explored needs for support both immediate and ongoing.

This course can be either a half day or a full day input.

Bookings and further information about this and all the other training programmes offered by Interface Training Ltd. can be obtained from Maggie Murray Harris (Director), Interface Training Ltd. - Telephone: 0131 554 2892 (office) / 07711 703810 (mobile) or E-mail: maggie@ukgo.com