

## **Women in Management Programme**

We accept the idea of equal opportunities but in practice the situation might be quite different. It may be that some issues are due to being in a position of authority, or attitude and approach or even personality! However others may be gender-related.

### **AIM:**

To give women managers the opportunity to identify and work on areas of self development, paying particular attention to gender issues.

### **OBJECTIVES:**

By the end of the programme participants will have:

- Clarified their definition of “management” and “leadership”.
- Explored their own strengths and weaknesses as women in managerial roles.
- Identified sources of stress stemming from their work situations and considered whether or not any of them are gender related.
- Examine their abilities to facilitate interaction in several managerial contexts.
- Identified what assertive behaviour means to themselves that inhibit future options, particularly ones stemming from gender.

There will be a chance to create a personal development plan and to establish appropriate personal and professional goals.

**This course can be adapted to a one day or several days input.**

*Bookings and further information about this and all the other training programmes offered by Interface Training Ltd. can be obtained from Maggie Murray Harris (Director), Interface Training Ltd. - Telephone: 0131 554 2892 (office) / 07711 703810 (mobile) or E-mail: [maggie@ukgo.com](mailto:maggie@ukgo.com)*